

**Outline of
the Messages for the Full-time Training
in the Fall Term of 2014**

**GENERAL SUBJECT:
THE HEART OF THE BIBLE—
GALATIANS, EPHESIANS, PHILIPPIANS, AND COLOSSIANS**

Message Eleven

**Philippians
(3)**

**Experiencing Christ as Our Virtues, the Peace of God, Our Secret,
and the One Who Empowers Us**

Scripture Reading: Phil. 4:5-9

I. The virtues of Christ for our experience in Philippians 4:5-9 are the expression of a life that lives Christ—1:19-21a; 2:5-13; 3:8-10:

- A. Paul considers forbearance and the lack of anxiety as the first two aspects of the expression of a life that lives Christ.
- B. Anxiety, coming from Satan, is the sum total of human life and disturbs the believers' life of living Christ; forbearance, coming from God, is the sum total of a life that lives Christ; the two are opposites—Matt. 6:22-34.

II. “Let your forbearance be known to all men. The Lord is near”—Phil. 4:5:

- A. According to Christian experience, forbearance is all-inclusive, for it includes all Christian virtues; forbearance is actually the all-inclusive Christ as the all-inclusive Spirit with His bountiful supply—1:19-21a:

1. Forbearance is reasonableness, considerateness, and consideration in dealing with others, without being strict in claiming one's legal rights; forbearance means that we are easily satisfied, even with less than our due:
 - a. Forbearance includes love, patience, kindness, humility, compassion, considerateness, and submissiveness, a willingness to yield; if we have such an all-inclusive virtue, we shall also have righteousness and holiness.
 - b. Forbearance also includes self-control, moderation, gentleness, understanding, sympathy, wisdom, mercy, peacefulness, looking to the Lord, and even the virtue of admitting that the Lord is sovereign in all things—cf. 2 Cor. 12:7-9.
 2. A forbearing person is one who always fits in, whose behavior is always suitable—cf. 6:1a; 10:1; Phil. 1:19; Isa. 11:2:
 - a. If we are forbearing, we shall have the wisdom and the ability to supply others with what they need; we shall also have the full knowledge of what to say to them and when to say it—50:4-5; Col. 1:28; Prov. 25:15.
 - b. To be forbearing is to consider how others will be affected by what we do or say—2 Chron. 1:10.

- B. As an all-inclusive virtue, forbearance is Christ Himself; since Christ is forbearance, for Paul to live was forbearance—Phil. 1:21a:

- 1. To let our forbearance be known to all men is to let the Christ whom we live and magnify, whom we take as our pattern and pursue as our goal, be known to all men.
 2. Only the Lord Jesus lived a life full of forbearance, and only Christ can be our perfect forbearance today.

- 3. To make known our forbearance is to live a life that expresses Christ as the totality of all human virtues.
- C. Immediately after speaking about forbearance, Paul says that the Lord is near:
 - 1. With respect to space, the Lord is near to us, ready to help; with regard to time, the Lord is at hand, coming soon—cf. Rom. 10:8-13.
 - 2. The Lord's being near refers primarily to His presence with us—Matt. 1:23; Exo. 33:14.

III. “In nothing be anxious, but in everything, by prayer and petition with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses every man’s understanding, will guard your hearts and your thoughts in Christ Jesus”—Phil. 4:6-7:

- A. Christ Himself is the peace of God, which surpasses every man’s understanding—Isa. 9:6; John 14:27; Luke 7:50; Rom. 3:17; 5:1; 8:6; 15:13; 16:20.
- B. The words *in everything* in Philippians 4:6 refer to the many different things that happen to us day by day.
- C. Prayer is general, having worship and fellowship as its essence; petition is special, being for particular needs; both our prayer and our petition should be accompanied by our giving thanks to the Lord.
- D. *To God* denotes motion toward, in the sense of a living union and communion, implying fellowship; hence, the sense of *to God* here is “in the fellowship with God.”
- E. The result of practicing fellowship with God in prayer is that we enjoy the peace of God; the peace of God is actually God as peace (v. 9) infused into us through our fellowship with Him by prayer, as the counterpoise to troubles and the antidote to anxiety (John 16:33).
- F. The God of peace patrols before our hearts and thoughts in Christ, keeping us calm and tranquil—cf. Isa. 30:15a.
- G. If we would have a life free of anxiety, we need to realize that all our circumstances, good or bad, have been assigned to us by God in order to serve us in fulfilling our destiny to gain Christ, live Christ, and magnify Christ—Rom. 8:28-30; Matt. 10:29-31; 2 Cor. 4:15-18.

IV. “Finally, brothers, what things are true, what things are dignified, what things are righteous, what things are pure, what things are lovely, what things are well spoken of, if there is any virtue and if any praise, take account of these things”—Phil. 4:8:

- A. These virtues are the expressions of God’s attributes lived out from within the pursuers of Christ, who is the embodiment of God.
- B. These virtues are six governing aspects of a life that lives Christ:
 - 1. A life that lives Christ is true—ethically truthful, without any pretense or falsehood.
 - 2. A life that lives Christ is dignified—honorable, noble, grave, solid, weighty, and worthy of reverence—1 Tim. 3:8, 11; Titus 2:2; cf. Rom. 9:21.
 - 3. A life that lives Christ is righteous—right before God and man—Phil. 3:9.
 - 4. A life that lives Christ is pure—single in intention and action, without any mixture—Matt. 5:8.
 - 5. A life that lives Christ is lovely—lovable, agreeable, and endearing.
 - 6. A life that lives Christ is well spoken of—renowned, of good repute, attractive, winning, and gracious—Hosea 14:7.

- C. Virtue and praise are a summing up of the six foregoing items, in all of which are some virtue or excellence and something worthy of praise—Phil. 4:8b.
 - D. To be a proper human being is to express God through His divine attributes in our human virtues, to have a human life filled with Christ as the reality of the attributes of God—cf. Gen. 1:26.
- V. “I have learned, in whatever circumstances I am, to be content. I know also how to be abased, and I know how to abound; in everything and in all things I have learned the secret both to be filled and to hunger, both to abound and to lack. I am able to do all things in Him who empowers me”—Phil. 4:11b-13:**
- A. Paul took Christ as the secret to experience Christ, being content and rejoicing in every kind of circumstance, in any situation, and in any matter because of Christ—v. 4.
 - B. *I have learned the secret* literally means “I have been initiated”; the metaphor here refers to a person’s being initiated into a secret society with instruction in its rudimentary principles—Col. 2:2; Eph. 3:3-4; 5:32:
 - 1. After Paul was converted to Christ, he was initiated into Christ and into the Body of Christ—Acts 9:3-19, 25-28; 22:6-21; 13:1-4.
 - 2. Paul learned the secret of how to take Christ as life (Col. 3:4), how to live Christ (Phil. 1:21a), how to magnify Christ (v. 20), how to gain Christ (3:8, 12), and how to have the church life (1:8, 19; 2:1-4, 19-20; 4:1-3).
 - C. The secret in Philippians 4 is to do all things in Christ as the One who empowers us—v. 13; *Hymns*, #564:
 - 1. As a person in Christ, Paul experienced Christ and applied Him in all circumstances:
 - a. Paul applied the Christ in whom he could be found—Phil. 3:9.
 - b. This Christ is real, living, near, available, and prevailing—4:5b; *Hymns*, #539.
 - 2. Paul’s word about Christ as the empowering One specifically applies to Christ’s empowering us to live Him as our human virtues and thereby to magnify Him in His unlimited greatness in every kind of circumstance—Phil. 4:8-13:
 - a. By the empowering of Christ, we can live a contented life and be true, dignified, righteous, pure, lovely, and well spoken of—vv. 11-13, 8.
 - b. To live a life of these virtues is much more difficult than doing a Christian work.
 - 3. If we would experience Christ as the empowering One, we need to cooperate with Him in the following matters:
 - a. We need to experience a thorough and fresh forgiveness of sins based on the shedding of the Lord’s blood on the cross—Heb. 9:14; 10:19, 22; Exo. 24:8; Matt. 26:28.
 - b. We need to be severed, separated, and weaned from the world through the resurrection of Christ; we realize that the One into whom we have believed is the resurrected Christ as the life-giving, anointing Spirit—1 John 2:15-16, 20.
 - c. We need to know what ascension is and know that the life we have received is a heavenly life; we should be aware of the fact that we have ascended into the heavens with the Lord and are thus heavenly persons; outwardly, we are still living on the earth, but inwardly, with respect to our inner life and mood, we are living in the heavens—Eph. 2:6; Heb. 8:1-2; 4:14-15; 7:25-26.
 - d. In our practical living on the earth, we must be persons who pray continually by coming before God, entering into Him, and living in the light of His face—Psa. 42:5, 11; 80:1, 3, 7, 19.